

Times are following percentages off Swim Ireland Squad and FINA A times as of 1st September 2010. SI may change their sq times during the season following release of new times from FINA.



FEMALE A & B

FEMALE GRADE A and B

FEMALE A Grade

	17+	16fA	15fA	14fA	13fA	12fA	11fA	10fA	9fA / u
	25%	31%	35%	39%	44%	50%	58%	67%	75%
50FR	00:31.31	00:32.82	00:33.82	00:34.82	00:36.07	00:37.58	00:39.58	00:41.83	00:43.84
100FR	01:08.01	01:11.28	01:13.45	01:15.63	01:18.35	01:21.62	01:25.97	01:30.86	01:35.22
200 FR	02:26.87	02:33.92	02:38.62	02:43.32	02:49.20	02:56.25	03:05.65	03:16.22	03:25.62
400FR	05:09.36	05:24.21	05:34.11	05:44.01	05:56.39	06:11.23	06:31.03	06:53.31	07:13.11
800FR	10:35.30	11:05.79	11:26.12	11:46.45	12:11.87	12:42.36	13:23.02	14:08.76	14:49.42
1500FR	20:52.50	21:52.62	22:32.70	23:12.78	24:02.88	25:03.00	26:23.16	27:53.34	29:13.50
50BS	00:35.25	00:36.94	00:38.07	00:39.20	00:40.61	00:42.30	00:44.56	00:47.09	00:49.35
100BS	01:15.96	01:19.61	01:22.04	01:24.47	01:27.51	01:31.15	01:36.02	01:41.49	01:46.35
200BS	02:10.87	02:51.27	02:56.50	03:01.73	03:08.27	03:16.11	03:26.57	03:38.34	03:48.79
50BRS	00:40.00	00:41.92	00:43.20	00:44.48	00:46.08	00:48.00	00:50.56	00:53.44	00:56.00
100BRS	01:24.96	01:29.04	01:31.76	01:34.48	01:37.88	01:41.95	01:47.39	01:53.51	01:58.95
200BRS	03:02.49	03:11.25	03:17.09	03:22.93	03:30.23	03:38.99	03:50.66	04:03.80	04:15.48
50FLY	00:34.19	00:35.83	00:36.92	00:38.02	00:39.38	00:41.03	00:43.21	00:45.67	00:47.86
100FLY	01:13.08	01:16.58	01:18.92	01:21.26	01:24.18	01:27.69	01:32.37	01:37.63	01:42.30
200FLY	02:41.10	02:48.83	02:53.99	02:59.14	03:05.59	03:13.32	03:23.63	03:35.23	03:45.54
100IM	01:16.25	01:19.21	01:22.35	01:24.79	01:27.84	01:31.50	01:36.38	01:41.87	01:46.75
200IM	02:46.58	02:54.57	02:59.90	03:05.23	03:11.89	03:19.89	03:30.55	03:42.54	03:53.20
400IM	05:51.00	06:07.85	06:19.08	06:30.31	06:44.35	07:01.20	07:23.66	07:48.94	08:11.40

FEMALE B Grade

	17+	16fB	15fB	14fB	13fB	12fB	11fB	10fB	9 / u
	31%	35%	39%	45%	51%	58%	66%	73%	80%
50FR	00:32.82	00:33.57	00:34.82	00:36.32	00:37.83	00:39.58	00:41.58	00:43.34	00:45.09
100FR	01:11.28	01:12.91	01:15.63	01:18.89	01:22.16	01:25.97	01:30.32	01:34.13	01:37.94
200 FR	02:33.92	02:37.45	02:43.32	02:50.37	02:57.42	03:05.65	03:15.05	03:23.27	03:31.50
400FR	05:24.21	05:31.64	05:44.01	05:58.86	06:13.71	06:31.03	06:50.83	07:08.16	07:25.48
800FR	11:05.79	11:21.04	11:46.45	12:16.95	12:47.44	13:23.02	14:03.68	14:39.26	15:14.83
1500FR	21:52.62	22:22.68	23:12.78	24:12.90	25:13.02	26:23.16	27:43.32	28:53.46	30:03.60
50BS	00:36.94	00:37.79	00:39.20	00:40.89	00:42.58	00:44.56	00:46.81	00:48.79	00:50.76
100BS	01:19.61	01:21.43	01:24.47	01:28.12	01:31.76	01:36.02	01:40.88	01:45.13	01:49.39
200BS	02:51.27	02:55.19	03:01.73	03:09.57	03:17.42	03:26.57	03:37.03	03:46.18	03:55.33
50BRS	00:41.92	00:42.88	00:44.48	00:46.40	00:48.32	00:50.56	00:53.12	00:55.36	00:57.60
100BRS	01:29.04	01:31.08	01:34.48	01:38.56	01:42.63	01:47.39	01:52.83	01:57.59	02:02.35
200BRS	03:11.25	03:15.63	03:22.93	03:31.69	03:40.44	03:50.66	04:02.34	04:12.56	04:22.78
50FLY	00:35.83	00:36.65	00:38.02	00:39.66	00:41.30	00:43.21	00:45.40	00:47.32	00:49.23
100FLY	01:16.58	01:18.34	01:21.26	01:24.77	01:28.27	01:32.37	01:37.04	01:41.14	01:45.23
200FLY	02:48.83	02:52.70	02:59.14	03:06.88	03:14.61	03:23.63	03:33.94	03:42.96	03:51.98
100IM	01:19.91	01:22.35	01:24.79	01:28.45	01:32.11	01:36.38	01:41.26	01:45.53	01:49.80
200IM	02:54.57	02:58.57	03:05.23	03:13.23	03:21.22	03:30.55	03:41.21	03:50.54	03:59.87
400IM	06:07.85	06:16.27	06:30.31	06:47.16	07:04.01	07:23.66	07:46.13	08:05.78	08:25.44

FEMALE NOVICE & C



FEMALE NOVICE

FEMALE NOVICE			
	11	10	9/u
	70%	80%	90%
50FR	00:43.00	00:45.09	00:47.60
100FR	01:32.50	01:37.94	01:43.38
200 FR	03:19.75	03:31.50	03:43.25
400FR	07:00.73	07:25.48	07:50.23
800FR	14:24.01	15:14.83	16:05.66
1500FR	28:23.40	30:03.60	31:43.80
50BS	00:47.94	00:50.76	00:53.58
100BS	01:43.31	01:49.39	01:55.46
200BS	03:42.26	03:55.33	04:08.41
50BRS	00:54.40	00:57.60	01:00.80
100BRS	01:55.55	02:02.35	02:09.14
200BRS	04:08.18	04:22.78	04:37.38
50FLY	00:46.49	00:49.23	00:51.97
100FLY	01:39.38	01:45.23	01:51.07
200FLY	03:39.10	03:51.98	04:04.87
100IM	01:43.70	01:49.80	01:55.90
200IM	03:46.54	03:59.87	04:13.19
400IM	07:57.36	08:25.44	08:53.52

Not all events are swum at Swim Ulster meets. Times may be used for squad purposes, if needed.

Distance events may need B or C grades to enter—check Meet criteria..

FEMALE C GRADE

	17+	16fc	15fc	14fc	13fc	12fc	11fc	10fc	9fc / u
	40%	45%	49%	54%	61%	67%	77%	87%	100%
50FR	00:35.07	00:36.32	00:37.32	00:38.58	00:40.33	00:41.83	00:44.34	00:46.84	00:50.10
100FR	01:16.17	01:18.89	01:21.07	01:23.79	01:27.60	01:30.86	01:36.31	01:41.75	01:48.82
200 FR	02:44.50	02:50.37	02:55.08	03:00.95	03:09.17	03:16.22	03:27.97	03:39.73	03:55.00
400FR	05:46.49	05:58.86	06:08.76	06:21.13	06:38.46	06:53.31	07:18.06	07:42.81	08:14.98
800FR	11:51.54	12:16.95	12:37.28	13:02.69	13:38.27	14:08.76	14:59.58	15:50.41	16:56.48
1500FR	23:22.80	24:12.90	24:52.98	25:43.08	26:53.22	27:53.34	29:33.54	31:13.74	33:24.00
50BS	00:39.48	00:40.89	00:42.02	00:43.43	00:45.40	00:47.09	00:49.91	00:52.73	00:56.40
100BS	01:25.08	01:28.12	01:30.55	01:33.59	01:37.84	01:41.49	01:47.56	01:53.64	02:01.54
200BS	03:03.04	03:09.57	03:14.80	03:21.34	03:30.49	03:38.34	03:51.41	04:04.48	04:21.48
50BRS	00:44.80	00:46.40	00:47.68	00:49.28	00:51.52	00:53.44	00:56.64	00:59.84	01:04.00
100BRS	01:35.16	01:38.56	01:41.28	01:44.67	01:49.43	01:53.51	02:00.31	02:07.10	02:15.94
200BRS	03:24.39	03:31.69	03:37.53	03:44.82	03:55.04	04:03.80	04:18.40	04:33.00	04:51.98
50FLY	00:38.29	00:39.66	00:40.75	00:42.12	00:44.03	00:45.67	00:48.41	00:51.14	00:54.70
100FLY	01:21.84	01:24.77	01:27.11	01:30.03	01:34.12	01:37.63	01:43.47	01:49.32	01:56.92
200FLY	03:00.43	03:06.88	03:12.03	03:18.48	03:27.50	03:35.23	03:48.12	04:01.01	04:17.76
100IM	01:25.40	01:28.45	01:30.89	01:33.94	01:38.21	01:41.87	01:47.97	01:54.07	02:02.00
200IM	03:06.56	03:13.23	03:18.56	03:25.22	03:34.55	03:42.54	03:55.87	04:09.20	04:26.52
400IM	06:33.12	06:47.16	06:58.39	07:12.43	07:32.09	07:48.94	08:17.02	08:45.10	09:21.60


MALE GRADE A and B
MALE
A Grade

	18Open	17mA	16mA	15mA	14mA	13mA	12mA	11mA	10mA	9/ u mA
/ u	23%	28%	32%	36%	41%	46%	58%			
50FR	00:27.07	00:28.17	00:29.05	00:29.93	00:31.03	00:32.13	00:34.78	00:39.58	00:41.83	00:43.84
100FR	00:59.64	01:02.07	01:04.01	01:05.95	01:08.37	01:10.80	01:16.61	01:25.97	01:30.86	01:35.22
200 FR	02:11.72	02:17.08	02:21.36	02:25.64	02:31.00	02:36.35	02:49.20	03:05.65	03:16.22	03:25.62
400FR	04:38.61	04:49.93	04:58.99	05:08.05	05:19.38	05:30.70	05:57.89	06:31.03	06:53.31	07:13.11
800FR	09:47.60	10:11.49	10:30.60	10:49.71	11:13.59	11:37.48	12:34.81	13:23.02	14:08.76	14:49.42
1500FR	18:26.34	19:11.31	19:47.29	20:23.27	21:08.24	21:53.21	23:41.15	26:23.16	27:53.34	29:13.50
50BS	00:30.89	00:32.15	00:33.16	00:34.16	00:35.42	00:36.67	00:39.69	00:44.56	00:47.09	00:49.35
100BS	01:06.80	01:09.52	01:11.69	01:13.86	01:16.58	01:19.29	01:25.81	01:36.02	01:41.49	01:46.35
200BS	02:25.04	02:30.94	02:35.65	02:40.37	02:46.27	02:52.16	03:06.31	03:26.57	03:38.34	03:48.79
50BRS	00:35.24	00:36.68	00:37.82	00:38.97	00:40.40	00:41.83	00:45.27	00:50.56	00:53.44	00:56.00
100BRS	01:14.60	01:17.63	01:20.06	01:22.48	01:25.52	01:28.55	01:35.83	01:47.39	01:53.51	01:58.95
200BRS	02:41.97	02:48.55	02:53.82	02:59.08	03:05.67	03:12.25	03:28.05	03:50.66	04:03.80	04:15.48
50FLY	00:30.29	00:31.52	00:32.51	00:33.49	00:34.72	00:35.95	00:38.91	00:43.21	00:45.67	00:47.86
100FLY	01:04.05	01:06.65	01:08.73	01:10.82	01:13.42	01:16.02	01:22.27	01:32.37	01:37.63	01:42.30
200FLY	02:22.56	02:28.35	02:32.99	02:37.62	02:43.42	02:49.21	03:03.12	03:23.63	03:35.23	03:45.54
100IM	01:06.42	01:09.12	01:11.28	01:13.44	01:16.14	01:18.84	01:25.32	01:36.38	01:41.87	01:46.75
200IM	02:27.08	02:33.06	02:37.85	02:42.63	02:48.61	02:54.59	03:08.94	03:30.55	03:42.54	03:53.20
400IM	05:13.06	05:25.79	05:35.97	05:46.15	05:58.87	06:11.60	06:42.14	07:23.66	07:48.94	08:11.40

MALE
B Grade

	18Open	17mB	16mB	15mB	14mB	13mB	12mB	11mB	10mB	9/ u mB
	29%	35%	40%	47%	52%	57%	66%			
50FR	00:28.39	00:29.71	00:30.81	00:32.35	00:33.46	00:34.56	00:37.20	00:41.58	00:43.34	00:45.09
100FR	01:02.55	01:05.46	01:07.89	01:11.28	01:13.70	01:16.13	01:21.95	01:30.32	01:34.13	01:37.94
200 FR	02:18.15	02:24.57	02:29.93	02:37.42	02:42.78	02:48.13	03:00.98	03:15.05	03:23.27	03:31.50
400FR	04:52.20	05:05.79	05:17.11	05:32.97	05:44.30	05:55.62	06:22.80	06:50.83	07:08.16	07:25.48
800FR	10:16.27	10:44.93	11:08.82	11:42.26	12:06.14	12:30.03	13:27.36	14:03.68	14:39.26	15:14.83
1500FR	19:20.30	20:14.27	20:59.24	22:02.21	22:47.18	23:32.15	25:20.09	27:43.32	28:53.46	30:03.60
50BS	00:32.40	00:33.91	00:35.16	00:36.92	00:38.18	00:39.43	00:42.45	00:46.81	00:48.79	00:50.76
100BS	01:10.06	01:13.32	01:16.03	01:19.84	01:22.55	01:25.27	01:31.78	01:40.88	01:45.13	01:49.39
200BS	02:32.12	02:39.19	02:45.09	02:53.34	02:59.24	03:05.13	03:19.28	03:37.03	03:46.18	03:55.33
50BRS	00:36.96	00:38.68	00:40.12	00:42.12	00:43.55	00:44.99	00:48.42	00:53.12	00:55.36	00:57.60
100BRS	01:18.24	01:21.88	01:24.91	01:29.16	01:32.19	01:35.22	01:42.50	01:52.83	01:57.59	02:02.35
200BRS	02:49.87	02:57.77	03:04.35	03:13.57	03:20.15	03:26.74	03:42.54	04:02.34	04:12.56	04:22.78
50FLY	00:31.77	00:33.24	00:34.48	00:36.20	00:37.43	00:38.66	00:41.62	00:45.40	00:47.32	00:49.23
100FLY	01:07.17	01:10.29	01:12.90	01:16.54	01:19.15	01:21.75	01:28.00	01:37.04	01:41.14	01:45.23
200FLY	02:29.51	02:36.46	02:42.26	02:50.37	02:56.17	03:01.96	03:15.87	03:33.94	03:42.96	03:51.98
100IM	01:09.66	01:12.90	01:15.60	01:19.38	01:22.08	01:24.78	01:29.64	01:41.26	01:45.53	01:49.80
200IM	02:34.26	02:41.43	02:47.41	02:55.78	03:01.76	03:07.74	03:22.09	03:41.21	03:50.54	03:59.87
400IM	05:28.33	05:43.60	05:56.33	06:14.14	06:26.87	06:39.60	07:10.14	07:46.13	08:05.78	08:25.44

MALE NOVICE & C



Ulster Age Group End of Season Gala - for graded novices - not eligible to swimmers with **ANY** UAG Championships times.

MALE NOVICE & C

MALE & FEMALE NOVICE			
	11	10	9/u
	70%	80%	90%
50FR	00:43.00	00:45.09	00:47.60
100FR	01:32.50	01:37.94	01:43.38
200 FR	03:19.75	03:31.50	03:43.25
400FR	07:00.73	07:25.48	07:50.23
800FR	14:24.01	15:14.83	16:05.66
1500FR	28:23.40	30:03.60	31:43.80
50BS	00:47.94	00:50.76	00:53.58
100BS	01:43.31	01:49.39	01:55.46
200BS	03:42.26	03:55.33	04:08.41
50BRS	00:54.40	00:57.60	01:00.80
100BRS	01:55.55	02:02.35	02:09.14
200BRS	04:08.18	04:22.78	04:37.38
50FLY	00:46.49	00:49.23	00:51.97
100FLY	01:39.38	01:45.23	01:51.07
200FLY	03:39.10	03:51.98	04:04.87
100IM	01:43.70	01:49.80	01:55.90
200IM	03:46.54	03:59.87	04:13.19
400IM	07:57.36	08:25.44	08:53.52

Not all events are swum at Swim Ulster meets. Times may be used for squad purposes, if needed.

Distance events may need B or C grades to enter—check Meet criteria..

MALE

C Grade

18Open	17mC	16mC	15mC	14mC	13mC	12mC	11mC	10mC	9/ u mC
40%	45%	47%	52%	59%	67%	77%			

50FR	00:30.81	00:31.91	00:32.35	00:33.46	00:35.00	00:36.76	00:38.96	00:44.34	00:46.84	00:50.10
100FR	01:07.89	01:10.31	01:11.28	01:13.70	01:17.10	01:20.98	01:25.83	01:36.31	01:41.75	01:48.82
200 FR	02:29.93	02:35.28	02:37.42	02:42.78	02:50.27	02:58.84	03:09.55	03:27.97	03:39.73	03:55.00
400FR	05:17.11	05:28.44	05:32.97	05:44.30	06:00.15	06:18.27	06:40.92	07:18.06	07:42.81	08:14.98
800FR	11:08.82	11:32.70	11:42.26	12:06.14	12:39.58	13:17.80	14:05.57	14:59.58	15:50.41	16:56.48
1500FR	20:59.24	21:44.22	22:02.21	22:47.18	23:50.14	25:02.10	26:32.04	29:33.54	31:13.74	33:24.00
50BS	00:35.16	00:36.42	00:36.92	00:38.18	00:39.94	00:41.95	00:44.46	00:49.91	00:52.73	00:56.40
100BS	01:16.03	01:18.75	01:19.84	01:22.55	01:26.35	01:30.70	01:36.13	01:47.56	01:53.64	02:01.54
200BS	02:45.09	02:50.98	02:53.34	02:59.24	03:07.49	03:16.93	03:28.72	03:51.41	04:04.48	04:21.48
50BRS	00:40.12	00:41.55	00:42.12	00:43.55	00:45.56	00:47.85	00:50.72	00:56.64	00:59.84	01:04.00
100BRS	01:24.91	01:27.94	01:29.16	01:32.19	01:36.43	01:41.29	01:47.35	02:00.31	02:07.10	02:15.94
200BRS	03:04.35	03:10.94	03:13.57	03:20.15	03:29.37	03:39.91	03:53.07	04:18.40	04:33.00	04:51.98
50FLY	00:34.48	00:35.71	00:36.20	00:37.43	00:39.15	00:41.12	00:43.59	00:48.41	00:51.14	00:54.70
100FLY	01:12.90	01:15.50	01:16.54	01:19.15	01:22.79	01:26.96	01:32.16	01:43.47	01:49.32	01:56.92
200FLY	02:42.26	02:48.05	02:50.37	02:56.17	03:04.28	03:13.55	03:25.14	03:48.12	04:01.01	04:17.76
100IM	01:15.60	01:18.30	01:19.38	01:22.08	01:25.86	01:30.18	01:35.38	01:47.97	01:54.07	02:02.00
200IM	02:47.41	02:53.39	02:55.78	03:01.76	03:10.13	03:19.70	03:31.66	03:55.87	04:09.20	04:26.52
400IM	05:56.33	06:09.05	06:14.14	06:26.87	06:44.69	07:05.05	07:30.50	08:17.02	08:45.10	09:21.60